MINDSPACE

| | - | | MESSENGER |
|--|---|--|------------|
| MESSENGER | INCENTIVES | NORMS | |
| \cap | `\\ `\\ | Ω | |
| (8) | | $\Omega_{\mathbf{o}}$ | INCENTIVES |
| ជជជជជ | V | $\smile \bullet$ | |
| We are heavily influenced by who communicates information. | Our responses are shaped by incentive. | We are strongly influenced by what others do. | NORMS |
| DEFAULTS | SALIENCE | PRIMING | |
| | | | |
| \leftarrow | | (4) (8) (8) (9) (9) (9) (9) (9) (9) (9) (9) (9) (9 | DEFAULTS |
| | * | <u> </u> | |
| We tend to go with the flow of pre-set | Our attention is drawn to what is novel and seems relevant to us. | Our actions are often influenced by subconscious cues. | SALIENCE |
| options | COMMITMENT | EGO | |
| ATTLET | COMMITTMENT | . • • • . | PRIMING |
| (LOI) | | .AVVV. | |
| | | | |
| | | | AFFECT |
| Emotional associations can powerfully shape our actions. | We seek to be consistent with our promises and reciprocate acts | We act in ways that make us feel better about ourselves. | |
| TARGET AUDIENCE | | | COMMITMENT |
| | | | COMMITMENT |
| OPINION / BEHAVIOUR | | | |
| | | | EGO |
| | | | |